



September 2021

NAWHC NOW! provides information offered by the National Association of Worksite Health Centers and other industry experts on programs, developments, resources and benchmarking surveys related to onsite, near-site, mobile and virtual worksite clinics. Visit www.nawhc.org for details and membership information.

NAWHC GOVERNANCE

At the NAWHC Member Annual Meeting, held during the 9th Annual Forum, the following new NAWHC Board members were elected by the membership:

- Kenneth A. Aldridge Jr, RN, BSN, MS-HSA, Director of Health Services, Rosen Hotels & Resorts, RosenCare
- Phillip Berry, Founder & CEO, Northwind Pharmaceuticals
- Ed McNamara, Executive Vice President, Premise Health
- Joe Thomas, MD, Medical Director, Nucor Steel

EDUCATION – Details on all programs and registrations are available at <https://www.nawhc.org/Events>

NAWHC Annual Forum – Help Us Choose the 2022 Location

Over 100 people attended the 9th NAWHC Annual Forum in Chicago. Slides from the event will soon be posted on the website. We will be replaying several of the sessions as webinars in the coming months.

We are beginning to plan for the 10th Annual Forum which will be the 10-year anniversary of the founding of NAWHC. As we try to move the event to different parts of the country, we'd like your help in selecting the location. Please complete [this 1-minute survey](#) to let us know your preferences.

Key Issues Involving the Different Kinds of Medical Records at Worksite Health Centers - October 18, 2021 - 11 AM - 12:30 PM CT Webinar

Learn key legal issues involving different kinds of medical records at your worksite health center.

[Register at this link](#)

How Hospitals Can Offer Worksite Clinics to Their Employees and Area Employers – December 2, 2021 – 10 AM - 2 PM CT - Webinar

Learn from legal, consultant and hospital leaders on the benefits, challenges and value of a hospital offering a worksite health center for its own employees, as well as creating a worksite clinic service for area employers.

[Register at this link](#)

Selecting a Worksite Health Center Partner and Transitioning Clinic Partners - January 25, 2022 -12:00 PM CT Webinar

Successful worksite health centers have a foundation of partnership between the sponsoring employer and their service partner – whether a third-party vendor or a local health provider. This highly rated session from the 9th Annual Forum provides key directions and recommendations for finding an initial partner and how to ensure a smooth transition when a change in partner is needed.

[Register at this link](#)

BENCHMARKING

2022 Large Employers' Health Care Strategy and Plan Design

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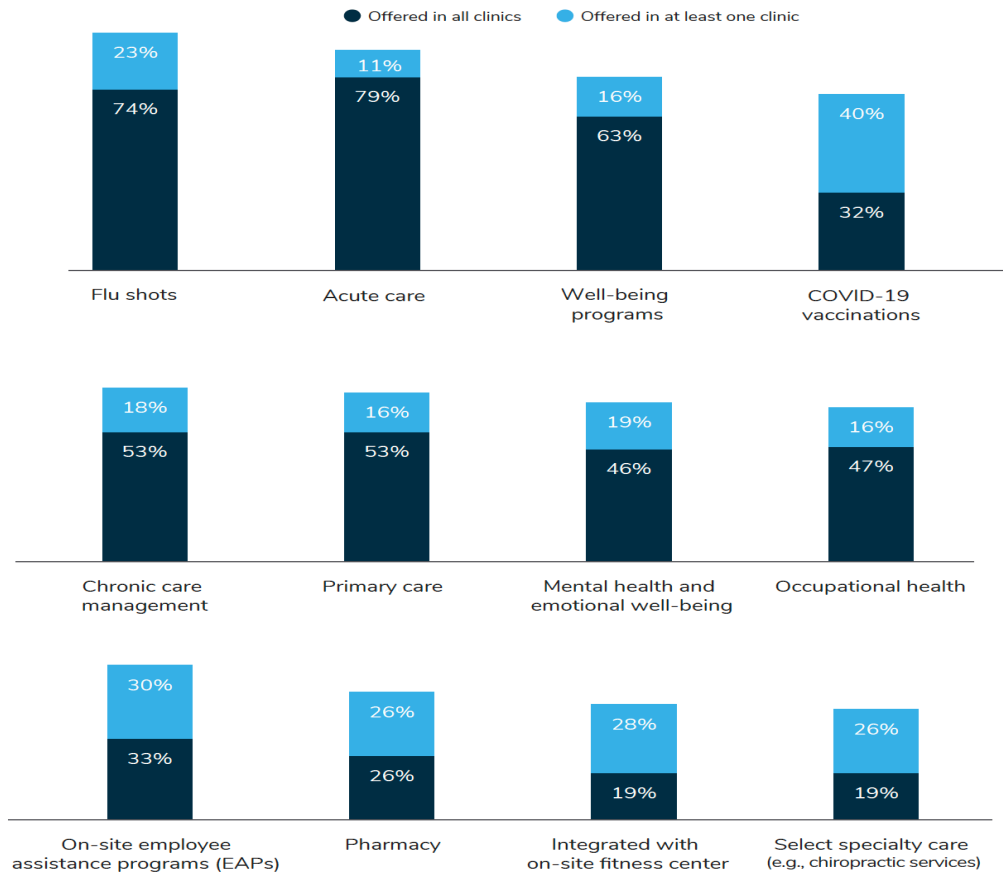


[The Business Group on Health](#) annually surveys its large employer (5000+) members to identify key strategies and plan design trends for the upcoming year. Here are 5 key findings and areas of focus for employers:

- Virtual health received a boost from the pandemic, but there is still a role for on-site clinics both to manage COVID-19 testing and vaccinations and to help employees manage chronic conditions.
- COVID-19’s potential long-term impact on employers will result in an increase in medical services, late-stage cancer diagnoses, greater numbers of people with long-term mental health and substance use issues and other adverse effects
- Employers will focus on social determinants of health as a gateway to increasing health equity - initiating programs and benefits to improve the circumstances that employees and their families are born into and live.
- There will be an expansion of access to mental health care
- While the health care trend was 0% in 2020, costs are expected to rebound in 2021 and 2022

Services Provided in Employer Onsite Centers

Part of the Business Group on Health’s survey focused on the use of onsite services offered to workers:



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RESEARCH AND RESOURCES

A New Era of Virtual Health

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With telehealth an important component of care delivery in a post-COVID-19 world, providers, payers, and employers are evaluating comprehensive virtual care strategies and rapidly moving into a new era of virtual health. [TripleTree](#), a banking, investment and strategy firm, created a new report to help firms develop comprehensive strategies for integrated virtual care delivery. Obtain a copy of the report [at this link](#).

The Impact of COVID-19 on Employee Mental Health

To help employers better understand and support the mental health needs of their employees, the [Integrated Benefits Institute](#) conducted an analysis of the impact of work disruptions of COVID-19. The study found that two in five employed adults reported symptoms of anxiety or depression disorder – a four-fold increase from pre-pandemic levels – and those in the south and west had the highest percentage of mental health issues. Obtain [a copy of the report here](#).

Toolkit for Payer-Virtual First Care Contracting

[IMPACT](#) has launched its the Payer-V1C Contracting Toolkit, a suite of resources to support alignment between payer systems and processes supporting new modalities of care to facilitate contracting and ultimately drive more effective adoption of virtual first care (V1C). The Toolkit includes recommended contract language; payment models; and a coding library. Obtain [a copy of the Toolkit here](#).

Healthy Work Survey

There's a new survey tool to help employers the [Healthy Work Campaign](#) has created the Healthy Work Survey to measure the extent of work-related physical and mental stressors in a covered population. It provides for individual surveys and results sent to employees, as well as an aggregate report for the employer. Obtain a copy of [the Healthy Work Survey tool at this link](#).

MARKET DEVELOPMENTS

Marathon Health Expands to New Cities

Marathon Health announced an expansion of its Network health centers into seven new markets: Atlanta; Salt Lake City; Kansas City; Phoenix; St. Louis; Raleigh-Durham, N.C.; and Dayton, OH. The new markets will join Indianapolis; Columbus, OH; Charlotte, N.C.; Cincinnati; Las Vegas and Orlando to feature its Network solution which provides full-service primary care, including sick and preventive care, health coaching, behavioral health services, chronic condition management and more, within 10 miles of where client employees live, work and shop.

New Book on Value of Employer Clinics.

Author, entrepreneur and NAWHC Board member Phillip Berry has written a new book – [“Nexus of Care: Fulfilling the Promise of Employer-Sponsored Health Centers”](#) where he contends that self-funded employers can leverage an onsite or near site health center to become the nexus of care for their employees. He describes a future in which employers actively influence the care of employees while managing the return on their healthcare investment, and then offers a roadmap to making it a reality.

Please visit our website at www.nawhc.org and be sure to check in and sign-up at the [NAWHC LinkedIn Group](#) to stay abreast of developments *in NAWHC and in worksite health and wellness*.