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NAWHC NOW! provides information on surveys, activities, programs and resources offered by the National Association of Worksite Health Centers, as well as from other industry sources related to onsite, near-site, mobile and virtual worksite clinics. Visit www.nawhc.org for details and membership information.

EDUCATION

2023 Onsite Employee Health Clinics Summit – January 23-24,2023, Hilton Scottsdale Resorts and Villas, Scottsdale, AZ

Building and expanding employee health centers have become an imperative in enabling employers to offer competitive benefits, control costs, and provide quality healthcare to employees. By attending the 2023 Onsite Employee Health Clinics Summit, you will learn what it takes to build and streamline facilities that meet innovative visions for health care and wellness. You will also learn the benefits associated with expanding current onsite health facilities. NAWHC provides this conference partner with advice about content and speakers, as well as promoting this event, but does not manage the program.

NAWHC members receive a \$250 discount on registration and there will be a few comp registrations for those members interested in helping promote NAWHC during this event. Contact Larry Boress if interested in the latter activity. **For more information and registration details, [click here.](#)**

Missed a Program? It's on the NAWHC Resources Page

NAWHC conducts webinars monthly, as well as holding an Annual Forum. Since schedules and budgets often limit one's participation, and priorities shift, we record all programs for later viewing. To access past program recordings, Members should login and go to the [NAWHC website](#) where the recordings are stored and look at the webinars for topics of interest or need. The Annual Forum sessions are at <https://www.nawhc.org/10th-Annual-Forum>.

NAWHC ORGANIZATION

Help Update the NAWHC "Guidebook on Measuring the Performance of Worksite Health Centers"

This is a second call for Members to assist in reviewing and revising NAWHC's **Guidebook on Measuring the Performance of Worksite Health Centers**, now in its 6th edition, to evaluate its existing content, determine how to streamline the document and to suggest new areas for inclusion. Participants are expected to review the current *Guidebook* and participate in 2-3 calls. Alternatively, you can provide input by reviewing the [Guidebook](#) and send comments in for inclusion in the discussion. If interested in being on the ad hoc committee or submitting comments, contact Larry Boress at lboress@nawhc.org.

BENCHMARKING

Addressing the Health and Well-Being of Remote Populations

To help employers better understand the challenges that American workers face in a hybrid/remote work environment, the [Integrated Benefits Institute](#) analyzed data from The American Trends Panel (ATP) created by Pew Research Center. The study found employees who work remotely or in a hybrid environment indicate that they are more productive (21.8%), more satisfied (20.7%), and more highly engaged (50.8%). However, they face challenges in having what is needed to do their jobs, doing them safely, handling family responsibilities (i.e., caregiving), getting effective communication from supervisors, addressing increased

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hours, and engagement.

Some of the recommendations to support employees are:

- Train managers and supervisors
- Be flexible
- Respect boundaries
- Be cautious of workloads
- Cultivate personal resilience skills
- Don't disincentivize employee loyalty

MARKET DEVELOPMENTS

Aetna Partners with Crossover Health

[Fierce Health Care](#) reported that Aetna is partnering with Crossover Health to provide access to in-person and virtual care to Seattle-area employers and their workers. The care model is integrated into an employer's health plan. This new plan benefit, called Aetna Advanced Primary Health, will be available effective January 1. The pilot program, initially available to self-insured employers and plan sponsors with more than 51 employees, will offer care at two Seattle metro Crossover Health Centers. Aetna and Crossover plan to eventually expand the Advanced Primary Health model to other markets,

Premise Opening Near-Site/Shared Centers in Atlanta

Premise Health announces the [opening of two nearsite wellness centers](#) in Georgia. Located in the cities of Smyrna and Tyrone, the Premise nearsite wellness centers are shared among multiple employers and dedicated to their eligible employees and their families. Premise currently has nearsite wellness centers shared among multiple employers in 14 different markets across the country.

RESOURCES

New Guide Lists Major Worksite Health Center Vendors

KLAS Research, which publishes research data intended to help health care providers, payers, and employers make informed purchasing decisions, has just released its new *2022 Vendor Guide on Employer-Sponsored Health Services*. The guide focuses on seventeen firms that: (1) provide primary care and other related services, including telehealth, behavioral health, and wellness centers; (2) operate across multiple US regions, and; (3) are not owned or operated by health care organizations. It does not include hospital or health providers who offer worksite health centers to employers.

The *Vendor Guide* provides brief summaries of how each firm currently positions their employer-sponsored services for the US market. The summaries for vendors are based on firm-provided and publicly available information and do not represent any KLAS-validated performance data or other findings. NAWHC provided the names of third-party service providers for KLAS to include, though not all were incorporated into the document. There is no cost for the *Vendor Guide* which is available from the [KLAS website](#).

Centers Can Help Employees Change Behaviors

[Quizzify recommends twenty approaches](#) that worksite centers can use to encourage patients to adopt to help employees and their families change to healthy behaviors.



Employer Playbook on Managing COVID and Protecting Workers

Employers and businesses have played a vital role in getting Americans vaccinated and leading in several other areas to keep their workforce and communities safe. The continued leadership of employers and businesses this fall will be essential, given the potential increased risk for a rise in COVID-19 infections this winter. To that end, the Biden Administration is calling on business leaders to step up this fall by adopting the strategies in their new [Employer Playbook on Managing COVID and Protecting Workers](#).

COVID-19 Booster Fact Sheet

Pfizer has produced a [COVID-19 Booster Fact Sheet](#) that can be distributed to employees and dependents to educate and motivate them to obtain COVID-19 booster shots. It's a one-pager available for any employer or union population.

Workplace Mental Health and Well-Being Resource

The US Surgeon General has released the [Framework for Workplace Mental Health and Well-Being](#) focusing on five essential strategies to address mental health and well-being in the workplace.

Please visit our website at www.nawhc.org and be sure to check in and sign-up at the [NAWHC LinkedIn Group](#) to stay abreast of developments *in NAWHC and in worksite health and wellness*.