



NAWHC NOW! provides information on upcoming programs, new developments, resources and benchmarking surveys of the National Association of Worksite Health Centers. Visit [www.nawhc.org](http://www.nawhc.org) for details on the items mentioned and membership information.

## NAWHC ORGANIZATION

### *New Committees Need Volunteers*

The NAWHC Board has approved the creation of two new committees to help guide the organization, as well as to give members an opportunity to demonstrate their interest in future leadership positions. These committees will be chaired by a member of the NAWHC Board and meet via conference calls 2-3 times a year, for 1-2 hours each time.

We are seeking volunteers to serve for the following:

- *Education and Networking Committee* – This committee will recommend topics, speakers and locations for NAWHC workshops, webinars and its Annual Forum. It will also suggest how online and regional in-person networking roundtables and vendor user groups should be structured.
- *Benchmarking Committee* – This committee will guide NAWHC's efforts to be the nation's leading source of information on worksite health centers. It will recommend the topics to be covered in NAWHC benchmarking surveys to provide members with valuable information to compare and evaluate their operations and policies.

**If you are interested in either or both committees, contact Larry Boress ([lboress@nawhc.org](mailto:lboress@nawhc.org)).**

### *New NAWHC Board Members*

At the NAWHC Annual Meeting, the membership elected new directors to serve on its board:

- John Dawson, Senior Vice President and Chief Actuary, Healthstat, Charlotte, North Carolina
- Stephanie Eckerle, Partner in the law firm of Krieg DeVault, Indianapolis, Indiana
- Amy Iveson, Corporate Manager-Health and Wellness Strategy, Huntington Ingalls Industries, Newport News, Virginia
- Jeanni Ruddy, Total Compensation and OD Manager, City of Goodyear, Goodyear, Arizona
- Kate Stemle, Health & Well-Being Manager, NextEra Energy, Juno Beach, Florida

The complete NAWHC Board members are listed in [the Leadership and Staff section](#) of the NAWHC website.

## EDUCATION

### *Summary of 6<sup>th</sup> Annual NAWHC Forum: Sept. 6, 2018, Milwaukee, WI*

Over 150 people participated in the 6<sup>th</sup> Annual NAWHC Forum, either in person or via webinar. The sessions were highly rated, with all evaluations indicating the attendee would recommend the program to others, with many commenting on the variety of speakers and topics, as well as the networking opportunities. NAWHC Members can obtain a summary of the key points of each presentation and copies of most of the slides at [this link](#).



***AZ Employers Worksite Clinic Roundtable: Dec. 13, 2018, Mesa, AZ***

This is a meeting of the AZ Employer Roundtable on Worksite Clinics. It will run from 8:30 AM-10:30 AM at the City of Mesa's Wellness Center, 1121 S. Gilbert Rd., Suite 101, Mesa, AZ. Any NAWHC employer-member or employer with clinics or interested in them is welcome to attend. To allow for an open and confidential discussion and networking, this meeting of the Roundtable is limited to employers, so no vendors or advisors may participate. Other meetings may be open to all interested parties. [Register at this link.](#)

***Integrating Chiropractic Services Into Your Worksite Health Center: Jan. 22, 2019, San Jose, CA***

This half-day workshop will focus on how to expand your health center services to include and integrate chiropractic care for acute care, occupational health, pain management and rehabilitation. The sessions will cover chiropractor training and use in employer settings, employer and patient views and experiences with chiropractic services, and new clinical guidelines for pain management aimed at reducing the need for opioids. Register at [this link.](#)

***2019 Onsite Employee Health Clinics Summit: Jan. 28-29, 2019, Scottsdale, AZ***

Learn what it takes to build and streamline facilities that meet innovative visions for healthcare and wellness, as well as the benefits associated with expanding current onsite health facilities. Get practical solutions to operate a cost-effective program while providing quality healthcare. NAWHC members receive a \$200 discount off the registration fees by using code NAW200. Register at [this link.](#)

***Addressing Population Health Through a Worksite Clinic: February 19, 2019, Columbus, OH***

Employers should always try to adopt a "population health" strategy in their health benefits and programs, especially in addressing the high cost and prevalent conditions impacting the health and productivity of your workforce. This approach means your center coordinates its internal and external programs and data, while supporting patients in the use of their health benefits and programs. This program will have sessions on weight management, migraines, data integration and use and member support programs. More details and a registration link will soon be on the NAWHC website.

## **BENCHMARKING SURVEYS**

***Results of NAWHC-Mercer 2018 Worksite Medical Clinics Survey***

On October 10, 2018, Mercer and NAWHC released the results of our joint benchmarking survey on the status, performance results and direction of onsite and near-site/shared employer medical and occupational clinics. Members can obtain a copy of the full results at [this link](#) or the Member section of the NAWHC website.

The increase in employer interest and use of onsite and near-site clinics and the report was recently reported in a number of publications as [HR Dive](#) , [BenefitsPro](#)

## **RESOURCES**



### **Version 4 of Guidebook on Measuring the Performance of Worksite Health & Wellness Centers**

NAWHC's new Version 4 of the *Guidebook* is in the final review process, and now includes metrics to evaluate occupational health services, as well as to add new studies on the ROI/VOI of employer clinics. NAWHC members can obtain get a free copy of the new version of the *Guidebook* and it will be posted to the Resources section of the NAWHC website.

### **The Employer's Role in Using Research-Based Healthcare Evidence**

Employers are the one place where a whole-person approach to health and health care makes the most sense. It is the work setting in which employees spend the most waking hours, where health's impact has the most discernible impact and where opportunities for health investments are greatest. NAWHC's partner, the Integrated Benefits Institute (IBI) has a new research report, available at no cost with you looking at the employer's role in promoting the use of research-based evidence in health and health care. Download the report [here](#).

### **Ten Things to Know About People with Serious Illness**

The Commonwealth Fund has a new report "The Experience of People with Serious Illness" which provides insights for helping patients at worksite centers, Among the findings:

1. 62% feel confused and helpless
2. 61% experience serious problems with their care
3. 53% face the risk of financial ruin
4. 48% have emotional or psychological problems caused by their conditions
5. 37% used up all or most of their savings
6. 32% reported feeling left out, lacking in companionship, or isolated from others
7. 31% were contacted by a collection agency
8. 31% had trouble understanding health insurance covers
9. 29% were sent for duplicate tests or diagnostic procedures by different doctors or nurses
10. 23% received conflicting recommendations from different health professionals

## **WORKSITE HEALTH CENTER DEVELOPMENTS**

### **Premise Health Acquired by OMERS**

For those who may have missed this vendor development, in July, OMERS Private Equity, the private equity arm of OMERS, the defined benefit pension plan for municipal employees in Ontario, announced its acquisition of Premise Health, one of the nation's largest clinic vendor, from Water Street Healthcare Partners and Walgreens Boots Alliance. The press release noted OMERS intends to work with the current CEO and management team for the Company's next phase of growth.

Please visit our website at [www.nawhc.org](http://www.nawhc.org) and stay abreast of developments in worksite health and clinics and join the NAWHC LinkedIn Group for more frequent communications about NAWHC and onsite health and wellness centers. Thank you for your interest and involvement with NAWHC.