



**May 2022**

**NAWHC NOW!** provides information on surveys, activities, programs and resources offered by the National Association of Worksite Health Centers, as well as from other industry sources related to onsite, near-site, mobile and virtual worksite clinics. Visit [www.nawhc.org](http://www.nawhc.org) for details and membership information.

**EDUCATION** – Details and registration for all programs and registrations available at <https://www.nawhc.org/Events>

***Depression Counseling for Worksite Center Staff – June 28, 2022, 10 AM CT - Webinar***

Tufts Medical Center will conduct a webinar to describe its proposed depression counseling training program for worksite health center staff. NAWHC and Tufts will be looking for up to ten participants from the same or different employer/vendor/provider organizations to participate.

***NAWHC's 10<sup>th</sup> Annual Forum: Creating and Expanding Worksite Health Centers – September 8-9, 2022, DoubleTree Hilton Downtown, Nashville, Tennessee***

Plan to attend NAWHC's 10<sup>th</sup> Annual Forum in Nashville, Tennessee. Hear from employer, provider and vendor partners and experts on the new directions of worksite centers; incorporating behavioral health, chronic disease and virtual care services; how to measure your centers and its manager; and how to increase utilization and savings.

**NAWHC ORGANIZATION**

***Nominations Open for NAWHC Board of Directors***

Members are invited to self-nominate themselves for the two openings on the NAWHC Board of Directors to be elected at the Annual Forum Sept. 8-9, 2022. Eligible candidates must be members in good standing, have experience in managing or providing services or consulting or research on worksite health centers, and have been active in NAWHC activities. The Board meets four times a year, typically once at the Annual Forum, with the remaining sessions conducted via conference calls. Travel for NAWHC Board or other events are covered. If interested contact Larry Boress, [lboress@nawhc.org](mailto:lboress@nawhc.org).

**ADVOCACY**

***Fair Market Value Collaborative***

NAWHC's Fair Market Value Collaborative is a project to revise the IRS Code to allow workers with Health Savings Accounts to fully utilize an employer's worksite center services without having to pay a "fair market value" fee or risk jeopardizing their eligibility to fund their accounts. [Legislative language](#) has been incorporated into HR 7487, sponsored by Rep. Terri Sewell and Brad Westrupt. See the press release [here](#). All NAWHC members are urged to contact your Congressional representatives to ask them to support this bill. If you want more information, contact Larry Boress at [lboress@nawhc.org](mailto:lboress@nawhc.org).

**BENCHMARKING**

***Cancer Screening in Worksite Health Centers***

NAWHC members were surveyed on their cancer screening practices, with a focus on colorectal cancer. The results of that survey are available for members on the NAWHC website in the Resources section.



Key findings of the survey were:

- 83% of respondents found cancer screenings dropped in the past two years
- 74% target specific employees for screenings, based on age, gender and clinical guidelines
- Breast, colorectal, cervical and prostate cancers are the top cancers screened
- Most employers find only a minority of those who identified as needing a colorectal cancer screening actually obtain one at their center or doctor's office
- Top challenges in colorectal cancer screening are getting people to understand its importance, taking time to do the prep and colonoscopy procedure and getting people to return stool-based kits
- Key criteria for successful screening programs include getting providers and managers to recommend testing; making the testing convenient; creating competitions or contests to motivate participation in screenings; and highlighting testimonials of those whose lives were saved from a screening

## RESOURCES

### *The Implementation Stage of Starting a Worksite Clinic*

The slides and recording of this richly informative webinar on the key steps in the [Implementation Stage of starting your First Worksite Center](#) are now available for members in the Resources section, under "NAWHC Webinars."

### *Telehealth Study Finds It Doesn't Lead to More Follow-up Care*

A new John Hopkins' [study](#) found that telehealth patients did not require more follow-up care than in-person patients. Key observations from the study:

**-Telehealth is here to stay, at least in some capacity:** The Hopkins study found that telehealth accounted for a large share of ambulatory and chronic care encounters at the peak of the pandemic and remained prevalent after infection rates subsided -telehealth volumes stayed around 10% of all care since Sept. 2020.

**-Telehealth does not lead to an increase in overall utilization:** Data suggests that patients are replacing in-person visits with telehealth visits and are not following virtual visits with unnecessary in-person care.

**- There's still a lot to learn about telehealth:** While it appears that video visits are an effective replacement for in-person visits (and oftentimes a more accessible and convenient option), centers need to think about the potential of other telehealth modalities, like asynchronous platforms and remote patient monitoring (RPM) to create new and continuous streams of engagement between patients and providers.

### *New Worker Well-Being Questionnaire (WellBQ)*

The NIOSH Worker Well-Being Questionnaire (WellBQ) is a new tool for worksite centers to assess worker well-being. This tool can be utilized for assessing needs, observing changes over time, and comparing results across teams within an organization. Go to the CDC website for a description of the tool at [this link](#).

### *Workplace Mental Health Resources*

Find a listing of organizational websites providing information, toolkits and recommendations for addressing mental health at the worksite from the "[What Can You Do Campaign](#)."

Please visit our website at [www.nawhc.org](http://www.nawhc.org) and be sure to check in and sign-up at the [NAWHC LinkedIn Group](#) to stay abreast of developments *in NAWHC and in worksite health and wellness*.