



May 2019

NAWHC NOW! provides information on upcoming programs, new developments, resources and benchmarking surveys of the National Association of Worksite Health Centers. Visit [www.nawhc.org](http://www.nawhc.org) for details on the items mentioned and membership information.

### WELCOME TO NEW MEMBERS

NAWHC welcomes the following new members since the beginning of 2019: Airrosti, CareATC and D4

### PILOT PROGRAM OPPORTUNITY

#### *Nurse-led Telehealth Pilot*

NAWHC members have an opportunity to participate, at little or no cost, in 6-month vendor-sponsored pilot of a nurse-practitioner led, telehealth clinic. The pilot is designed for locations having small employee populations of 200-500. The pilot is seeking 2-3 employers. If interested, contact Larry Boress ([lboress@nawhc.org](mailto:lboress@nawhc.org)).

### UPCOMING EDUCATIONAL EVENTS

#### *2019 Onsite Employee Health Clinics Summit*

**June 27-28, 2019, Chicago, IL**

Learn what it takes to build and streamline facilities that meet innovative visions for healthcare and wellness, as well as the benefits associated with expanding current onsite health facilities. NAWHC members receive a \$250 discount off the registration fees. Use "NAW250" as the "keycode" to mention when registering on our website. Register and obtain more details at [this link](#).

#### *NAWHC 7<sup>th</sup> Annual Forum*

**September 19-20, 2019, Dallas, TX**

Join your colleagues and meet new employers sponsoring onsite and near-site clinics at NAWHC's 7<sup>th</sup> Annual Forum. Hear from leading employers and clinic partners in sessions offering valuable, actionable information on the following:

- Directions and Challenges for Worksite Clinic Sponsors and Vendors
- Legal and Legislative Aspects of Worksite Clinics
- Integrating Chiropractors, Physical Therapists and Physicians for Improved MSK Outcomes
- Key Decisions and Common Mistakes in Planning Your First Clinic
- Transitioning to a New Clinic Vendor
- Comparing Clinic Management Models
- Ensuring Accuracy in Measuring the Performance of your clinic
- Increasing Utilization and Engagement
- Offering Pharmacy Services for Increased Clinic Value

Registration and sponsorship information are available at [this link](#).



## RESOURCES

### ***Legal Considerations in Offering Telehealth Services at Your Clinic***

A recording and slides from NAWHC's recent webinar on the legal aspects of telehealth services is now available at [this link](#).

### ***Addressing Imaging Services High Costs***

Imaging tests are a big cost for employers. Those with worksite health centers typically refer patients to the local hospital for CT scans or other services, while others contract with a local outpatient imaging center to lower costs. But not all imaging centers offer quality care. The amount of radiation used in certain procedures can vary dramatically, placing patients at risk, and if the technicians don't do a good job in aligning patients for scans, this results in costly repeat or poor images.

Walmart's approach to address this problem, through direct contracting with only high-performance imaging centers, is described in [this link](#).

### ***Worksite Clinics Meeting Employer Needs***

A recent Willis Towers Watson report indicates that a worksite clinic benefit strategy is paying off for employers:

- 87% indicated they had succeeded in improving employee access to convenient health care services;
- 81% touted enhancing employee productivity and bringing absenteeism under control; and
- 84% of employers made good in delivering and promoting preventive health screening and services, getting ahead of medical issues through early detection and by instilling healthy habits.

Get a copy of the report at [this link](#).

### ***Workers Want Mental Health Services***

On the NAWHC LinkedIn Group we posted a [recent study](#) of workers that found 83% experience stress on a regular basis, and 45% of employees under 40 experience "extreme stress" on a daily basis. Half of the workers surveyed missed at least one day of work per year due to behavioral health challenges. When workers were asked what would motivate them to use such services, 51% said if the care was affordable, and 42% said if the care was easy to access, with three-fourths saying they're interested in accessing care via their smartphone. Worksite clinics have the ability to fill this need in all these areas. The time is right to evaluate gaps in your clinic's services and meet the increasing behavioral health needs of your covered population.

Please visit our website at [www.nawhc.org](http://www.nawhc.org) and be sure to sign-up at the NAWHC LinkedIn Group to stay abreast of developments in NAWHC and in worksite health and wellness centers. Thank you for your involvement with NAWHC.

**Larry Boress, Executive Director, NAWHC, [lboress@nawhc.org](mailto:lboress@nawhc.org)**