



February 2019

NAWHC NOW! provides information on upcoming programs, new developments, resources and benchmarking surveys of the National Association of Worksite Health Centers. Visit www.nawhc.org for details on the items mentioned and membership information.

NAWHC ORGANIZATION

REMINDER: 2019 Member Survey

Our annual Member Survey collects information on what NAWHC members would like the organization to address in terms of programs, projects, topics and activities in the next year. This survey is used for our budget and program development and is critical in ensuring NAWHC meets YOUR needs and provides value for your membership. **If you haven't done so already, please complete the survey [at this link](#).**

New NAWHC Office Address and Phone

NAWHC is moving its formal office address and has an official phone number for all members and interested parties to use in the future in contacting us, making dues and sponsor payments and obtaining information and assistance.

Starting March 1st, our new address will be: NAWHC, 11520 North Central Expressway, Suite 227, Dallas, TX 75243. The office phone number is 224-308-6622.

EDUCATION

Addressing Population Health Through a Worksite Clinic: February 19, 2019, Columbus, OH

Employers should always try to adopt a "population health" strategy in their health benefits and programs, especially in addressing the high cost and prevalent conditions impacting the health and productivity of your workforce. This approach means your center coordinates its internal and external programs and data, while supporting patients in the use of their health benefits and programs. This program will have sessions on the components of a population health strategy, weight management, migraines, data integration and use and member support programs. Register at [this link](#). Download the [agenda here](#).

Employer Worksite Clinics: An Evolving Employer-Based Healthcare Delivery System: March 20, 2019, Webinar – 12:00 PM – 1:00 PM ET

This webinar will provide an overview of the results of a NAWHC-Benfield Group 2018 research to study the interests of over 100 large employers in worksite clinics. The key findings will increase the ability of employers to benchmark their worksite clinic operations related to onsite vs. near-site, barriers to adoption of clinics; range of services; disease-specific programs; challenges and approaches to measurement of performance; and the use of third-party vendors and providers to operate the clinic. The webinar is free for NAWHC members.

Register at [this link](#).



2019 Onsite Employee Health Clinics Summit: June 27-28, 2019, Chicago, IL

Learn what it takes to build and streamline facilities that meet innovative visions for healthcare and wellness, as well as the benefits associated with expanding current onsite health facilities. Get practical solutions to operate a cost-effective program while providing quality healthcare. NAWHC members receive a \$250 discount off the registration fees. Use "NAW250" as the "keycode" to mention when registering on our website.

Register and obtain more details at [this link](#).

NAWHC 7th Annual Forum – September 19-20, 2019, Dallas, TX

Mark September 19-20th on your calendar for NAWHC's 7th Annual Forum, providing actionable information to develop and expand your onsite or near-site facilities. In response to member interests, the Forum is expanding to a day and a half in 2019 to enable small-group, networking roundtables as part of the event.

This year's Forum Planning Committee is at work, but suggested topics include integrating health centers with fitness centers, expanding behavioral health services, using PTs, DCs and MDs to address pain management, best practices to increasing utilization and offering pharmacy services. Registration and sponsorship information will soon be posted on the nawhc.org website.

BENCHMARKING

NAWHC-Benfield Group Worksite Clinic Survey

On March 20th, NAWHC will hold a webinar to provide a summary of the key results of a NAWHC-Benfield Group benchmarking survey of large employers. The results will enable members to compare their approaches to others in the areas of onsite vs. near-site, barriers to adoption of clinics; range of services; disease-specific programs; challenges and approaches to measurement of performance; and the use of third-party vendors and providers to operate the clinic. The webinar is free for NAWHC members.

RESOURCES

Integrating Chiropractic Services into Your Worksite Health Center

Slides are available [here](#) for NAWHC members from this half-day workshop which offered employer case studies in using chiropractors, research on the value of chiropractic care and a panel on how to integrate physical therapists, physicians and chiropractors for better outcomes and lower costs in treating patients with musculoskeletal conditions.

2019 Health Care Environmental Scan

The American Hospital Assoc. has recently released its 2019 Environmental Scan, providing data and trends in health care. Among the findings:

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- Consumerism is continuing to transform health care. Individuals want affordable, convenient, personalized, high-quality care that provides more value. They want to engage in ways that make sense in today's digital world.
- Innovations such as technological advancements and data analytics have the opportunity to reduce costs, improve care and reduce friction for the consumer.
- Chronic disease management continues to challenge the health care system, including addiction and the opioid crisis.
- The move from volume to value is well on its way, and models to support this are being developed and improved.
- Social determinants of health continue to play a large role in the health of populations.
- New entrants to the field and unique partnerships have disrupted the status quo.

Obtain a copy of [the complete report here](#).

Chronic Disease Management Tools

One of NAWHC's partners, the [Catalyst for Payment Reform \(CPR\)](#) has created their *2019 Aligned Sourcing & Contracting Toolkit* to support high value purchasing. Employers can register and get a free copy [at this link](#).

WORKSITE CLINIC INDUSTRY DEVELOPMENTS

Activate Healthcare

There have been two recent developments involving Activate Healthcare, based in Indianapolis, Indiana. First, it was recently acquired by Paladina Health, and now becomes the second largest provider of worksite clinic primary care. has been recognized with a "2019 Best in KLAS" award among clinic vendors. This award is given each year by KLAS Research, a health care IT data and insights company.

Healthstat

Healthstat, based in Charlotte, North Carolina, announced a 5-year agreement with John Hopkins Health Care to market, license and implement the John Hopkins' evidenced-based chronic disease management and behavior assessment programs in their employee clinics.

SentryHealth

SentryHealth, formerly known as Edumedics, based in Louisville, Kentucky, announced it has an agreement with John Hopkins HealthCare to expand SentryHealth's services beyond data analytics and management to provide onsite medical providers for John Hopkins workforce and other employers, as well as to offer John Hopkins' programs to their other employer clinics.

ADVOCACY ACTIVITIES

Texas Pharmacy Laws Impacting Clinics

As a follow-up to our recent report on the effort by the [Texas Employers for Affordable Medications \(TEAM\)](#) to dispense medication, here is [an article](#) on the topic, from the medical society's perspective. If you're interested



in this effort, contact Kevin Cooksey at kevin.cooksey@wecaretlc.com.

Please visit our website at www.nawhc.org and the NAWHC LinkedIn Group to stay abreast of developments in NAWHC and in worksite health and wellness centers. Thank you for your involvement with NAWHC.

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