



## Best Practices in Treating MSK and Back Pain Patients in Your Worksite Health Center and Programs

### 10:00 am CT WELCOME AND PURPOSE OF PROGRAM

- **Purpose and Formal of the Day**
  - Larry Boress, Executive Director, Nat. Assn. of Worksite Health Centers
- **PCORI, The patient-centered perspective on health and productivity outcomes and why MSK matters to employers**
  - Brian Gifford, President-elect, Center for Workforce Health and Performance

### 10:15 am CT PREVENTING PAIN AND MSK CONDITIONS

- **Summary of Patient-Centered Outcomes Research Institute (PCORI) Findings**
  - Brian Gifford, President-elect, Center for Workforce Health and Performance
- **Today's Workers and On-Site PT Services: What They Want. What They Use.**
  - Kevin, Schmidt, CEO, Worksite Well
- **Back Classes and Other Key Approaches to Prevention**
  - Daniel Lord, DC, Director of Physical Health, Crossover Health, LinkedIn, Facebook
- **Putting the Right People in the Right Job: Injury Prevention and Workers Compensation Cost Containment through Functional Testing**
  - Penny M. Gilbert, LAT, ATC, Specialist, Purchasing, Textron, Inc.
- **All Attendee Roundtable Discussion - Larry Boress, Facilitator**
  - *Can you apply this information to your workplace clinic programs/services?*
  - *What else about prevention would you want to PCORI to research?*

### 11:25 am CT BREAK

### 11:30 am CT THE RESEARCH ON MANAGING AND TREATING PAIN

- **Summary of PCORI Findings**
  - Brian Gifford, President-elect, Center for Workforce Health and Performance
- **Non-Surgical Treatments for MSK and Pain**
  - Sherry McAllister, M.S (Ed), D.C, President, Foundation For Chiropractic Progress
- **All Attendee Roundtable Discussion - Larry Boress, Facilitator**
  - *Can you apply this information to your workplace clinic programs/services?*

### 12:15 pm CT BREAK

### 12:20 pm CT INTEGRATING PROVIDERS FOR TREATMENT AND MANAGEMENT OF PAIN

- **Summary of PCORI Findings**
  - Brian Gifford, President-elect, Center for Workforce Health and Performance
- **MSK Treatment, Management and Payment: The Cisco Experience**
  - Katelyn Johnson, Director of Benefits, Cisco
  - William Updyke, DC, Leader, Physical and Complimentary Medicine, Cisco
- **All Attendee Roundtable Discussion - Larry Boress, Facilitator**
  - *Can you apply this information to your workplace clinic programs/services?*
  - *What else about treatment and management would you want to PCORI to research?*

### 1:20 pm CT ENDING COMMENTS

- Brian Gifford, CWHP

- Larry Boress, NAWHC