



## FEBRUARY 2022

**NAWHC NOW!** provides information on activities, programs and resources offered by the National Association of Worksite Health Centers, as well as information from other industry sources on market developments, resources and benchmarking surveys related to onsite, near-site, mobile and virtual worksite clinics. Visit [www.nawhc.org](http://www.nawhc.org) for details and membership information.

**EDUCATION** – Details and registration for all programs and registrations available at <https://www.nawhc.org/Events>

***Planning For a Worksite Health Center and the Value of Health Center Accreditation – February 8, 2022, 11:00 AM CT – webinar***

Learn the key steps in planning and setting up your first worksite health center.

***Creating Hospital-Managed Worksite Health Centers for Hospital Employees and Area Employers – February 23, 2022, 10:00 am-3:00 pm CT - webinar***

This half-day webinar program will provide insight and recommendations for hospitals interested in or currently operating worksite health centers for their own employees and/or area businesses.

***Behavioral Health Services and Innovations – April 12, 2022, 10 AM CT***

Learn about the importance of your center offering behavioral health services and how one employer created a comprehensive program for its population.

***NAWHC's 10<sup>th</sup> Annual Forum: Creating and Expanding Worksite Health Centers – September 8-9, 2022, DoubleTree Hilton Downtown, Nashville, Tennessee***

Plan to attend and celebrate NAWHC's 10th year anniversary in Nashville, Tennessee. Hear from employer, provider and vendor partners and experts on the design, planning, management and measurement of onsite and near-site centers, as well as gaining higher utilization and savings.

## NAWHC ORGANIZATION

***Call for Volunteers for NAWHC's 10<sup>th</sup> Annual Forum Committee***

Members are invited to help select topics and speakers for the 10<sup>th</sup> Annual Forum, scheduled for September 8-9, 2022 in Nashville, Tennessee. If you're interested in participating in the committee, which will meet twice in the first quarter of the year, contact Larry Boress at [larry@nawhc.org](mailto:larry@nawhc.org).

***Complete the Member Value Survey and a Chance for a Free Annual Forum Registration***

If you haven't done so already, complete the [Member Value Survey at this link](#) so we can ensure our programming and services meet you needs. Five member responses will be randomly drawn for free registrations at the Sept. 8-9, 2022 NAWHC Annual Forum in Nashville, Tennessee.

## ***NAWHC Member Logo Now Available***

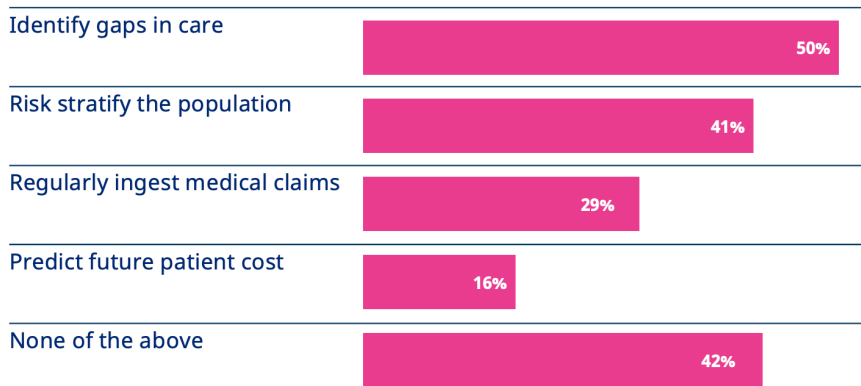


NOTE: Use of the logo does not mean NAWHC endorses the organization, products or services of the user, only that the firm is a member of the National Assn. of Worksite Health Centers. Contact Marc Chappell at [mchappell@nawhc.org](mailto:mchappell@nawhc.org) and to request a copy.

## BENCHMARKING

### Use of Data Analytics by Worksite Health Centers

The 2021 NAWHC-Mercer survey of worksite clinics identified the following leading uses of data by employers and their clinic vendors:



### Employers Focusing on Quality of Health Benefits Over Cost

According to a new survey by [Artemis Health Inc.](#), about three-quarters (78 per cent) of U.S. employers said they're more focused on the quality of health care over cost management when making decisions about their benefits plan amid the current war for talent acquisition and retention. The survey, which polled more than 300 U.S. human resources and benefits leaders, found 75 per cent of respondents base their benefits decisions on employee feedback, up 33 per cent since 2019. And a quarter (23 per cent) said they're increasing their focus on fighting employee attrition.

### 2021 Short and Long-Term Disability Claims

The [Integrated Benefits Institute \(IBI\)](#) released its 2021 Short-Term Disability and Long-Term Disability benchmarking survey of employer claims in 2020. Among its findings:



- The top five conditions driving short-term disability claims were: Diseases of the musculoskeletal system and connective tissue; Diseases of the digestive system; Symptoms, signs and abnormal lab findings; Pregnancy, childbirth and puerperium; and Mental and behavioral health disorders
- The top five conditions driving long-term claims were: Disease of the musculoskeletal system; Neoplasms; Diseases of the nervous system; Diseases of the circulatory system; and Injury, poisoning and other consequences of external causes

### ***Employer Priorities for 2022***

According to a new [Willis Towers Watson](#) (now WTW) survey of employer directions in health benefits:

- Nearly all (86%) of employers said that mental health, stress and burnout are a top priority; however, half (49%) have not yet formally articulated a wellbeing strategy for their workforce and only a quarter have already articulated and adopted a wellbeing strategy.
- Nearly half (48%) of respondents are planning or considering implementing an organization-wide behavioral health strategy and action plan. Only a third (35%) currently have one.
- Four in 10 respondents (39%) are planning or considering redesigning their employee assistance program (EAP), including increasing limits on visits and expanding services. Forty-two percent redesigned their EAP in 2021.
- More than a quarter of respondents (27%) are planning or considering programs that target specific conditions for high-cost cases such as maternity, diabetes and depression. Nearly two in three (64%) currently offer these programs.
- One in four respondents (25%) are planning or considering promoting the use of mobile apps for physical wellbeing. Two in three (65%) currently do.
- One-third of respondents (34%) are planning or considering setting objectives and tracking financial wellbeing programs at pivotal financial decision points such as new family, young children and first house. Only two in 10 (18%) currently do.

## **RESOURCES**

### ***Selecting a Worksite Health Center Partner and Transitioning Clinic Partners***

Members can now have access to the [recording and slides](#) from the January 25, 2022 webinar on how to select and contract with a third-party vendor or health provider to manage your onsite or near-site center. The session also covered how to plan for and transition to a new center manager. Legal, policy and practical issues and an employer case study are included. NAWHC is also preparing a checklist and recommendations for transitioning or closing a worksite center that will soon be posted in the Resources section of the NAWHC website.

## **MARKET DEVELOPMENTS**

### ***Crossover Health and Matrix Clinical Solutions Announce Joint Primary Care/Occupational Health Solution***



Crossover Health and Matrix Clinical Solutions, a Matrix Medical Network ® company announced that [they will offer a joint primary care and occupational health solution](#). The new-to-market offering will combine Crossover's Primary Health care model, inclusive of primary care, physical medicine, mental health, coaching and care navigation, with Matrix's custom workplace health solutions, such as onsite occupational health, workplace certification and vaccine deployment and testing, providing employers with a comprehensive health, safety and well-being strategy.

Please visit our website at [www.nawhc.org](http://www.nawhc.org) and be sure to check in and sign-up at the [NAWHC LinkedIn Group](#) to stay abreast of developments *in NAWHC and in worksite health and wellness*.