



April 2024

NAWHC NOW! provides information on surveys, activities, programs and resources offered by the National Association of Worksite Health Centers, as well as from other industry partners and sources related to onsite, near-site, mobile and virtual worksite clinics. Visit www.nawhc.org for details and membership information.

Click on the content areas to read about upcoming programs, activities and stories:

[EDUCATION & NETWORKING](#)

[BENCHMARKING](#)

[RESEARCH AND RESOURCES](#)

EDUCATION & NETWORKING

First Monday Roundtable and Webinar Recordings Now Available

If you couldn't make our March and April events, here are links to listen to the presentations and networking discussions:

- ***Selecting an Onsite or Near-site Health Center Manager***
- ***Making the Business Case for a Worksite Health Center***
- ***Creating Patient Ownership of Their Health***

Increasing Utilization of Your Worksite Center - May 6, 2024 - First Monday Roundtable

The discussion and opening presentation will be led by David Keyt, Alliant Insurance Services Director of Employer-Sponsored Health Centers. If this is not on your calendar, members can register free at this link.

Adding Allergy Services to Your Worksite Center – June 5, 2024 – Webinar

This webinar will provide background information on the economic and productivity benefit to employers of their health centers helping patients with chronic diseases triggered by allergies.

REGISTER HERE

2024 Onsite Employee Health Clinics Forum – June 27-28, 2024 – Swissotel, Chicago, IL

This program, managed by World Conference Forum (WCF), will provide sessions on a variety of topics to help develop and manage onsite clinics. NAWHC members get a \$250 discount off the registration fee.

REGISTER HERE

Marrying Occupational Health & Primary Care in a Clinic Strategy – July 17, 2024, Webinar

Integrating occupational health services with your primary care center offers great efficiency and savings. Hear about the different strategies at this webinar.

REGISTER HERE

Directions and Success Factors for Onsite and Near-Site Centers: The NAWHC 12th Annual Forum - August 22-23, 2024, Conrad Hotel, Indianapolis, IN



Join NAWHC members and meet new contacts at the NAWHC 12th Annual Forum, a day and a half event featuring employer, provider, vendor and benefit advisor experts providing key information related to creating and managing successful onsite, near-site, shared and virtual health centers. For more information on attending and/or sponsoring the program, go to [this link](#).

Obesity Management and GLP Cost Mitigation – Oct. 16, 2024 – Webinar

Obesity is a co-morbidity for most chronic diseases and is itself a disease. Learn strategies to address this and the high cost of anti-obesity drugs in your benefit plan.

REGISTER HERE

Post-Election Legislative Update – November 13, 2024 – Webinar

Plan now to hear what lies ahead legislatively and politically after the 2023 elections from our partner, ERIC (the ERISA Industry Committee) the leading advocacy group for large employers on benefit issues.

REGISTER HERE

BENCHMARKING

2024 Large Employer Health Care Strategies

The [Business Group on Health](#)'s survey of large employers identified the following key strategies in response to an expected 6% increase in costs for 2024. Those with worksite centers should be considering:

- Expanding access to mental health support and services by providing more options for support and lowering cost and access barriers to care.
- Addressing high pharmacy costs by implementing a transparent PBM and plan design changes to address costly medications and treatments.
- Evaluating partnerships and vendor contracts for greater value, particularly in how vendors are or plan to address health equity issues.
- Taking steps to address increasing incidence of late-stage cancers, including adopting biomarker testing and immunotherapies, while guiding members to high quality care.
- Prioritizing greater transparency of cost and quality data so employees can make informed decisions.
- Reducing unnecessary services, improving outcomes and prioritizing prevention and primary care.
- Addressing needs of hybrid or remote work environments, so onsite services are available to the entire population and are reflective of other care delivery priorities.
- Streamlining and consolidating virtual solutions to integrate them with other delivery settings and keeping those demonstrating positive impact on cost, quality, experience and outcomes.

RESEARCH AND RESOURCES

10260 N Central Expy, Suite 285 Dallas, TX 75231 Phone: 214-665-8893

info@nawhc.org / www.nawhc.org.



NAWHC Website and LinkedIn Resources

NAWHC weekly posts stories about employers and vendors developing and managing onsite, near-site and virtual health centers, as well as resources related to worksite health centers on its website (www.nawhc.org) and its [LinkedIn Groups](#). Be sure to visit the website and subscribe to the LinkedIn groups.

Onsite Clinic RFP Template

Most of NAWHC's vendor partner members offer a variety of resources for employers and benefit advisors in considering and developing an onsite or near-site health center. Recently, CareATC offered an "[Onsite Clinic RFP Template](#)" that can be used regardless of what vendor(s) or health provider(s) an employer or advisor wants to consider or invite to bid.

CDC Respiratory Virus Guidance

CDC has [updated its recommendations](#) on how people can protect themselves and how providers can treat COVID, flu, and RSV.

Improving the Well-Being and Mental Health of Health Care Workers

NIOSH is making available [a free guide](#) to improving health care worker mental and well-being.

Evaluation of Digital Diabetes Management Tools

The Peterson Health Technology Institute, which evaluates digital health solutions, looked at the value, effectiveness and cost of digital diabetes management solutions. In summary, the PHTI found these tools consistently demonstrate that they help patients achieve small reductions in HbA1c beyond what they would achieve with usual care, but the evidence rarely reported improvement that exceeded commonly used thresholds for meaningful clinical benefit.

Further, evidence suggests that such small benefit will reduce over time. After accounting for the average price of these products, these solutions increase net healthcare spending for purchasers because the small, estimated savings are less than the cost of the solution. [View their report here.](#)

Older Adults Using More Alternative Settings of Care

[The University of Michigan' National poll on health aging](#) explored the extent of utilization for alternative care settings and why people made the decision to use them. This provides sponsors of worksite centers with good information to attract more patients to use their centers:

- 1 in 3 adults (60%) reported using an alternative site of care in the past 2 years.
- Nearly half of older adults (47%) reported visiting an urgent care clinic in the past 2 years. Of those who did go to an urgent care clinic,
- 23% went more than twice in the past 2 years.
- than 1 in 4 older adults (28%) visited a retail health clinic in the past years, followed by a worksite clinic (9%) and a mobile clinic (5%).

Reasons why people sought alternative care settings, like worksite clinics:

- To avoid the hospital emergency department (44%);



- To get a vaccine, specific test, or health exam (35%);
- To get an appointment sooner or a more convenient time (31%);
- When their regular provider's office was closed (26%);
- When the alternative site's location was closer (15%);
- Their regular provider told them to go (10%);
- It was less costly (9%);
- They were traveling or being out of town (6%);
- They usually going to an alternative health care site (4%); and
- They wanted care aligned with their culture or language (1%).

Please visit the NAWHC website at www.nawhc.org and be sure to check in and sign-up at the [NAWHC LinkedIn Group](#) to stay abreast of developments *in NAWHC and in worksite health and wellness*.