

April 2022

NAWHC NOW! provides information on activities, programs and resources offered by the National Association of Worksite Health Centers, as well as information from other industry sources on market developments, resources and benchmarking surveys related to onsite, near-site, mobile and virtual worksite clinics. Visit www.nawhc.org for details and membership information.

EDUCATION – Details and registration for all programs and registrations available at https://www.nawhc.org/Events

The Implementation Stage of Starting a Worksite Clinic – May 17, 2022, 11 AM CT – Webinar Learn the key steps in the implementation stage of starting your first worksite center.

NAWHC's 10th Annual Forum: Creating and Expanding Worksite Health Centers – September 8-9, 2022, DoubleTree Hilton Downtown, Nashville, Tennessee

Plan to attend NAWHC's 10th Annual Forum in Nashville, Tennessee. Hear from employer, provider and vendor partners and experts on the new directions of worksite centers; incorporating behavioral health, chronic disease and virtual care services; how to measure your centers and its manager; and how to increase utilization and savings.

NAWHC ORGANIZATION

Winners of Member Value Survey

Thanks to all who submitted their information to our Member Value Survey. The following members were drawn from the pool of responses to win a free registration at the Sept. 8-9, 2022 NAWHC Annual Forum in Nashville, Tennessee: Barbara Drolet, Bell Flight; Tammy Langdon, Harness Health Partners; Cynthia Latsko, Mobile Medical Corp.; Kevin Rainbolt, ProgressiveHealth; and Rosalind Turner, Sandia National Laboratories. The NAWHC Office will contact the winners about their free registrations.

Volunteers Needed for Review of NAWHC "Guidebook on Measuring the Performance of Worksite Health Centers"

All members are invited to participate in an ad hoc committee to review and revise the current edition of NAWHC's *Guidebook on Measuring the Performance of Worksite Health Centers.*" This is will be the 7th version of NAWHC's premier publication on the challenges, metrics, and approaches needed to take a "Value of Investment" approach to measuring the savings, satisfaction, ROI, quality, engagement, and productivity of a new or mature onsite, near-site, mobile or virtual health center.

To participate in this vital project, contact Larry Boress at lboress@nawhc.org.

ADVOCACY



Fair Market Value Collaborative

NAWHC's Fair Market Value Collaborative is a project to revise the IRS Code to allow workers with Health Savings Accounts to fully utilize an employer's worksite center services without having to pay a "fair market value" fee or risk jeopardizing their eligibility to fund their accounts. Legislative Language has been incorporated into HR 7487, sponsored by Rep. Terri Sewell and Brad Westrupt. See the press release here. All NAWHC members are urged to contact your Congressional representatives to ask them to support this bill. If you want more information, contact Larry Boress at lboress@nawhc.org.

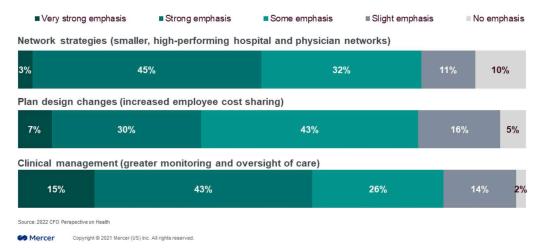
BENCHMARKING

Cancer Screening in Worksite Health Centers

NAWHC members are invited to complete this new benchmarking survey on cancer screenings at worksite health centers. The survey is intended to help employers and center managers compare their cancer screening services, the impact of the pandemic on these screenings and how they are approaching colorectal cancer. Four respondents will receive a \$25 Amazon gift card as a token of appreciation for participating in the survey. If you haven't completed it yet, please do so by May 6th. An aggregate report will be available to all members.

Survey of CFOs Show Health Benefit Cost as Top Priority to Address

A new survey of over 100 CFOs by Mercer on the impact of health benefit costs on total spend found the majority of CFOs placed it among either their top three (16%) or top five (52%) concerns, with 64% saying that health care cost growth needs to be at CPI or even below to be sustainable for their organization. They were also asked how much emphasis should be placed on network, plan design and clinical management strategies. While not specifically asked, many employers view worksite centers as both a network and clinical management strategy. The chart below shows the responses:

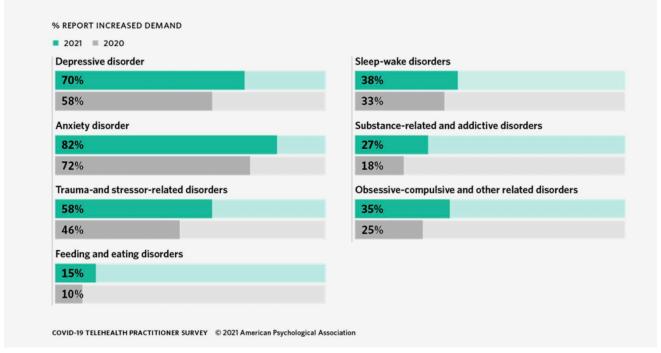


Study Shows Areas for Increased for Behavioral Health Services

Worksite health centers should take note of a 2021 survey of psychologists by the American Psychological Association that identified the behavioral health problems that increased since the



COVID-19 pandemic:



RESOURCES

Free Training Programs for Worksite Center Clinical Staff

NAWHC has partnered with a number of organizations offering free training in specific disease areas for worksite center's clinical staff. The following are available to NAWHC members, just contact the person listed with the program:

- "Healthy Hearts" Cardiac Health program: Offered by Northwestern University. Contact: Megan Colleen McHugh (megan-mchugh@northwestern.edu)
- "Be Well at Work" Depression counseling program: Offered by Tufts Medical Center.
 Contact: Debra Lerner (<u>dlerner@tuftsmedicalcenter.org</u>)
- Vaccine, COVID and Women's Health programs: Offered by Pfizer, Contact: Ray Casambre (Renato.Casambre@pfizer.com)
- Obesity training: Offered by Novo Nordisk: Contact Kevin Mead (<u>kvme@novonordisk.com</u>)

Criteria for Evaluating Vendors

<u>The Validation Institute</u> has created a <u>seven-part series on evaluating health benefit vendors</u> that can be used by a worksite health center sponsor or supplier. The Validation Institute is an independent, objective, 3rd party organization that has materials and programs to improve the quality and cost of health care by evaluating actual outcomes compared to vendor-reported outcomes.



Please visit our website at www.nawhc.org and be sure to check in and sign-up at the NAWHC and in worksite health and wellness.