





Administering benefits that provide financial protection for state employees, retirees and their families in a cost effective manner (/).

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# HEALTH CARE AND BENEFITS DIVISION (/)

Home  
(<http://benefits.mt.gov/>)

Open Enrollment  
(<http://benefits.mt.gov/openenrollment>)

Rates  
(<http://benefits.mt.gov/Rates>)

Medical  
(<http://benefits.mt.gov/Medical>)

## MONTANA HEALTH CENTER



(<http://healthcenter.mt.gov>) The Montana Health Centers (<http://healthcenter.mt.gov>) operated by CareHere offer primary care services and health coaches to help you on your journey to a healthier lifestyle at no cost to you. There are currently locations in Anaconda, Billings, Butte, Helena, Miles City, and Missoula.

Visit [www.healthcenter.mt.gov](http://www.healthcenter.mt.gov) (<http://healthcenter.mt.gov>) for more information.

Benefits Summary  
(<http://benefits.mt.gov/Medical/Benefits-Summary>)

### Services

- Primary care (<http://healthcenter.mt.gov/Primary-Care>)
- Same day services with appointment (<http://healthcenter.mt.gov/Same-Day-Services>)
- Flu shots (</Medical/FluShots.aspx>) and other vaccinations
- Health screenings (</Medical/HealthScreenings.aspx>)
- Lab services (<http://healthcenter.mt.gov/Labs>)
- Diagnostic service referral

Health Screenings  
(<http://benefits.mt.gov/Health-Screenings>)

Flu Shots  
(<http://benefits.mt.gov/Medical/Flu-Shots>)

Air Ambulance  
(<http://benefits.mt.gov/Medical/Air-Ambulance>)

Dental  
(<http://benefits.mt.gov/Dental>)

Prescription  
(<http://benefits.mt.gov/Rx>)

Vision

[\(<http://benefits.mt.gov/Vision>\)](http://benefits.mt.gov/Vision)

**Flexible Spending Accounts**

[\(<http://benefits.mt.gov/Flexible-Spending-Accounts>\)](http://benefits.mt.gov/Flexible-Spending-Accounts)

**Life and Accident**  
[\(<http://benefits.mt.gov/Life-and-Accident>\)](http://benefits.mt.gov/Life-and-Accident)

**Live Life Well Incentive**  
[\(<http://benefits.mt.gov/Incentive>\)](http://benefits.mt.gov/Incentive)

**Live Life Well Programs**  
[\(<http://benefits.mt.gov/LiveLifeWell>\)](http://benefits.mt.gov/LiveLifeWell)

**Employee Assistance Program (EAP)**  
[\(<http://hr.mt.gov/employeeassistanceprogram>\)](http://hr.mt.gov/employeeassistanceprogram)

**Retirees**  
[\(<http://benefits.mt.gov/Retirees>\)](http://benefits.mt.gov/Retirees)

**Forms**  
[\(<http://benefits.mt.gov/Forms>\)](http://benefits.mt.gov/Forms)

**Publications**  
[\(<http://benefits.mt.gov/Publications>\)](http://benefits.mt.gov/Publications)

**Enrollment and Claims**  
[\(<http://benefits.mt.gov/Enrollment-and-Claims>\)](http://benefits.mt.gov/Enrollment-and-Claims)

**SEGBAC**  
[\(<http://benefits.mt.gov/SEGBAC>\)](http://benefits.mt.gov/SEGBAC)

[\(<http://healthcenter.mt.gov/Radiology>\)](http://healthcenter.mt.gov/Radiology)

- [Health coaching \(<http://healthcenter.mt.gov/Health-Coaching>\)](http://healthcenter.mt.gov/Health-Coaching)
- [Much more \(<http://healthcenter.mt.gov>\)](http://healthcenter.mt.gov)

**Wellness Coaching**

Health coaches are available by phone or online, so all members have access to these programs no matter where you live. Your information is confidential and may not be viewed by anyone other than the health center team.

- Registered Nurse-Blood pressure, asthma, medication management, and more
- Registered Dietitian-Diabetes, losing weight, lowering cholesterol, and more
- Exercise Physiologist-Exercise, including getting started
- Tobacco Cessation Coach
- Behavioral Health Coach-Stress and Employee Assistance Program

**Who Can Use Montana Health Centers**

Active employees and non-Medicare retirees covered by the State plan and their dependents age two and older covered on the plan may receive all available services at any Montana Health Center location.

Medicare retirees may only use the Health Center for flu shots and health screenings.

**CONTACT US**

**Call** (406) 444-7462

**Toll Free** (800) 287-8266

**Hearing Impaired TTY**

(406) 444-1421

**Fax** (406) 444-0080

**Email**

[benefitsquestions@mt.gov](mailto:benefitsquestions@mt.gov)

[\(mailto:benefitsquestions@mt.gov\)](mailto:benefitsquestions@mt.gov)

**Mail**

PO Box 200130

**AGENCY RESOURCES**

HIPAA Notice

[\(/Portals/59/Documents/hipaa%20notice.pdf\)](/Portals/59/Documents/hipaa%20notice.pdf)

Language Assist Notice

[\(/Portals/59/Documents/Language-Assist-Notice.pdf\)](/Portals/59/Documents/Language-Assist-Notice.pdf)

Non Discrimination Notice

[\(/Portals/59/Documents/Non-Discrimination-Notice.pdf\)](/Portals/59/Documents/Non-Discrimination-Notice.pdf)

Montana Health Centers

**STATE LINKS**

Governor Bullock's O

[\(//governor.mt.gov/\)](http://governor.mt.gov/)

Mobile Apps

[\(/mt.gov/services/de](http://mt.gov/services/de)

age-

Social Media Index

[\(/mt.gov/SocialMedia](http://mt.gov/SocialMedia)

State Agency Director

[\(<http://directory.mt.go>](http://directory.mt.go)

dir/)

100 N. Park Avenue  
Suite 320  
Helena, MT 59620-0130

(<https://healthcenter.mt.gov>)

State Employee Direc  
(<http://pubdir.mt.gov/>)

Visit Montana  
(<http://visitmt.com>)

**Montana Health Center  
(CareHere)**

**Call** (406) 502-1355

**Toll Free** (855) 200-6822

**To make an appointment  
online [www.carehere.com](http://www.carehere.com)  
(<http://carehere.com/>)**

